

Stations of the Cross
 Every Friday in Lent
 St. John's Chapel
 at 6 pm
 Feb. 16, Feb. 23, Mar 1, Mar 8, Mar 15, Mar 22

St. John's Newsletter



Walking with Jesus

Since the 13th Century, Catholics have traced the steps of Jesus in the Stations of the Cross. The Stations of the Cross, also known as the Way of the Cross or Via Crucis, commemorate Jesus' passion and death on the cross. There are 14 stations that each depict a moment on his journey to Calvary, usually through sacred art, prayers, and reflections. The practice began as pious pilgrims traced his path through Jerusalem on the Via Dolorosa.

Originally, the stations were prayed as people walked along the Via Dolorosa, the actual path Jesus would have traveled in Jerusalem on the way to his crucifixion. Every Catholic Church has images of the stations. At St. John's, you can find the station images in the main church, the chapel and in the prayer garden.

The traditional prayers established in the 18th century by Saint Alphonsus De Liguori focus on the sorrow of witnessing Jesus' pain and acknowledging our role in his suffering.















Do we have to go to a church to pray the Stations? No! We can pray the Stations of the Cross devotion anywhere.

There are Stations meditations that can focus on many needs of our world. At the United States Council of Catholic Bishops website (listed in the Sources below), you can find Station prayers for pro-life, vocations, overcoming racism and others. Online you can also find versions that are for children and teens as well.

St. John's parish offers the traditional prayers of the Stations of the Cross **every Friday of Lent in the Chapel at 6 pm**. In addition, on Good Friday the High School Confirmation candidates perform a reenactment of the Stations in the prayer garden. If you are looking for a way to make your 2024 Lent special, the Stations are a powerful remembrance of the love Jesus poured out for us all.

STATION OF THE CROSS

**WE ADORE YOU, O CHRIST,
AND WE BLESS YOU.**
Because by Your holy Cross
YOU HAVE REDEEMED THE WORLD.

				
I <i>Jesus is condemned to death.</i>	II <i>Jesus carries His Cross</i>	III <i>Jesus falls the first time</i>	IV <i>Jesus meets His Mother</i>	V <i>Simon helps Jesus</i>
				
VI <i>Veronica wipes Jesus' Face</i>	VII <i>Jesus falls the second time</i>	VIII <i>Jesus meets the women</i>	IX <i>Jesus falls the third time</i>	X <i>Jesus is stripped</i>
				
XI <i>Jesus is nailed to the Cross</i>	XII <i>Jesus dies on the Cross</i>	XIII <i>Jesus is taken down from the Cross</i>	XIV <i>Jesus is laid down in the tomb</i>	

@junevreyes

Sources: <https://www.usccb.org/prayer-worship/prayers-devotions/stations#:~:text=The%20Stations%20of%20the%20Cross,art%2C%20prayers%2C%20and%20reflections>
<https://www.pinterest.com/pin/102175485290657601/>
<https://www.ecatholic2000.com/liguori/stations/cross.shtml>