

St. John's Newsletter



We are a Eucharistic People Adoration of Blessed Sacrament

Catholics believe that during the Mass which we attend each week (for some of us daily), the priest (during the consecration) speaks these words as he holds the communion host, "...*He took bread and gave you thanks. He broke the bread, gave it to his disciples, and said: Take this all of you, and eat it: this is my body which will be given up for you*". When the priest says "*this is my body*", it is at that instant when, through the miracle of transubstantiation, the bread and wine which we offer as the bloodless sacrifice to our Lord truly become the Body, Blood, Soul and Divinity of Jesus. It is **His True Presence** in the form of bread and wine. It is Christ.

St. John's Adoration with the Blessed Sacrament is available every Thursday at 8:30 (after the morning Mass) in the Chapel. The Blessed Sacrament is exposed until 10 am. The Divine Mercy Chaplet begins at 10 am followed by the Benediction. We have anointing of the sick every last Thursday of the month immediately after Divine Mercy Chaplet.

You can have some time alone with Jesus to recite your favorite prayers, read the Bible, contemplate acts of faith, hope, charity, thanksgiving, reparation, pray a rosary or do whatever type of prayerful devotion that suits you before Our Lord. You can just sit and say nothing simply keeping Him company, just as you would with a dear friend.

Reasons for Wanting to Spend time with Jesus in the Blessed Sacrament

1. You are greatly needed!

"The Church and the world have a great need of Eucharistic Adoration." (Pope John Paul II, *Dominicae Cenae*)

2. This is a personal invitation to you from Jesus.

"Jesus waits for us in this Sacrament of Love." (Pope John Paul II, *Dominicae Cenae*)

3. Jesus is counting on you because the Eucharist is the center of life.

"Every member of the Church must be vigilant in seeing that the sacrament of Love shall be at the center of the life of the people of God so that through all the manifestations of worship due Him shall be given back "love for love" and truly become the life of our souls." (Pope John Paul II, *Redeemer of Man*)

4. Your hour with Jesus in the Blessed Sacrament will repair for evils of the world and bring about peace on earth.

"Let us be generous with our time in going to meet Jesus and ready to make reparation for the great evils of the world. Let your adoration never cease." (Pope John Paul II, *Dominicae Cenae*)

5. Day and night Jesus dwells in the Blessed Sacrament because you are the most important person in the world to Him!

"Christ is reserved in our churches as the spiritual center of the heart of the community, the universal Church and all humanity, since within the veil of the species, Christ is contained, the Invisible Heart of the Church, the Redeemer of the world, the center of all hearts, by Him all things are and of whom we exist." (Pope Paul IV, *Mysterium Fidei*)

6. Jesus wants you to do more than to go to Mass on Sunday.

"Our communal worship at Mass must go together with our personal worship of Jesus in Eucharistic adoration in order that our love may be complete." (Pope John Paul II, *Redeemer of Man*)

7. You grow spiritually with each moment you spend with Jesus!

"Our essential commitment in life is to preserve and advance constantly in Eucharistic life and Eucharistic piety and to grow spiritually in the climate of the Holy Eucharist." (Pope John Paul II, *Redeemer of Man*)

Eucharistic Revival

The National Eucharistic Revival is a movement to restore understanding and devotion to this great mystery here in the United States by helping us renew our worship of Jesus Christ in the Eucharist. Launched at the Feast of Corpus Christi last summer, the USCCB initiated the Revival to focus on our role as a Eucharistic People. Year 1 has focused on the diocesan level and year 2 will focus on the parish level. In July 2024, the National Eucharistic Congress will be held in Indianapolis, Indiana.



Sources: <https://www.eucharisticrevival.org/learn-resources>

https://www.vatican.va/content/john-paul-ii/en/letters/1980/documents/hf_jp-ii_let_19800224_dominicae-cenae.html

https://www.vatican.va/content/paul-vi/en/encyclicals/documents/hf_p-vi_enc_03091965_mysterium.html

https://www.vatican.va/content/john-paul-ii/en/encyclicals/documents/hf_jp-ii_enc_04031979_redemptor-hominis.html

Volume 14 - May 2023 -- St. John's Newsletter is a once-a-month publication aimed at providing you with items of interest about our Catholic faith. If there is a topic you are interested in, please contact the parish office and we will try to address it in future issues. - Submitted by Mary Jo Peters